



SAINT LOUIS UNIVERSITY
MADRID

PSY 3310- PERSONALITY THEORY
SPRING 2023

Class Days and Time: T/R, 11:00-12:15

Classroom: PRH A107

Prerequisite(s): PSY 1010

Credit(s): 3.00

Instructor: Laurie Mazzuca, Ph.D.

Instructor's Email: laurie.mazzuca@slu.edu

Instructor's Campus Phone: 91 554 58 58, ext. 257

Office: SIH, 1st FLOOR,

Office Hours: Wednesday, 11:00-13:00 pm and by appointment.

Course Description: This course will introduce students to historical and contemporary theories, research methodologies, applications, and issues related to personality psychology.

COURSE GOALS AND STUDENT LEARNING OUTCOMES

It is expected that students will accomplish the following objectives by the end of the course:

Goal 1: Knowledge Base in Psychology

- Objective: Understand historical and contemporary approaches to the psychology of personality.
- Learning Outcome: Students will demonstrate appropriate use of psychological terminology related to theories and concepts related to personality.

Goal 2: Scientific Inquiry and Critical Thinking

- Objective: Develop the critical thinking skills needed to evaluate scientific evidence regarding the measurement, characteristics, and theory of personality.
- Learning Outcome: Students will demonstrate an understanding of how scientific methods contribute to measurement and conceptualization of personality. Students will also critically evaluate personality theory.

Goal 3: Ethical and Social Responsibility in a Diverse World

- Objective: Develop a well-rounded educational foundation for understanding the cultural influences on personality as well as ethics of applied personality.
- Learning Outcomes: Students will recognize how individual differences and culture contribute to the diversity of personality. Students will identify contemporary ethical and societal challenges related to personality psychology.

Goal 4: Communication

- Objective: Develop the ability to communicate clearly about psychological science and practice related to personality.
- Learning Outcome: Students will demonstrate effective scientific writing skills and oral presentation skills when discussing, evaluating, and/or presenting scientific knowledge about personality.

Goal 5: Professional development

- Objective: Develop an awareness of the professional applications of psychological science and the professional issues related to the personality psychology.
- Learning Outcome: Students will identify the relevance of contemporary personality psychology research as they apply to every day contexts.

RESOURCES, TECHNOLOGY, AND NORMS

Required Texts and Readings: Carver, C.S. & Scheier, M.F. (2012). Perspectives on Personality, Seventh Edition. Pearson International

Hard Copy and/or Digital Copy Available through:

SLU Madrid Bookstore (for purchase)

- SLU Madrid Library (hard copy cannot be removed from Library; digital copy limited to one user at a time): <https://libcat.slu.edu/record=b4870984~S4>
- Amazon.es (hard copy and Kindle version) : https://www.amazon.es/Perspectives-Personality-Pearson-New-International-ebook/dp/B00IZ0AY5I/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1591787957&sr=8-1
- Amazon.com(hard copy and Kindle version): https://www.amazon.com/Perspectives-Personality-Charles-S-Carver-ebook/dp/B006Y1BOA4/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1591787960&sr=1-1
- Perlego.com (digital only) : <https://www.perlego.com/book/811561/perspectives-on-personality-pearson-new-international-edition-pdf>

Optional Texts and Readings: Additional materials may be added occasionally throughout the semester. I will either provide these materials for you, pending copyright regulations, and/or will provide instructions as to how you can access the materials on your own. It is essential that you know how to access the SLU Library collections using your SLUnet ID, including databases containing scientific journals relevant to psychology. If you need help with this process, you can contact the Madrid Librarians: library-madrid@slu.edu

Notetaking and lecture materials: You may take notes in class using a laptop, however, students who use their devices for activities unrelated to class will be prohibited from using laptops, tablets, or computers during the class session. I will upload slides and/or a study guide for each chapter on Canvas.

Technology Requirements: You will need regular access to a computer with an internet connection. High speed broadband access (LAN, Cable or DSL) is highly recommended for the optimal learning experience. Additional requirements may include access to a camera and microphone (needed for online interaction/office hours), as well as the use of Microsoft Office applications including Power Point and Word. You will access CANVAS regularly, and will complete quizzes via CANVAS, thus, make sure that your SLUnet ID and password are functioning on a daily basis (do not let your password expire!).

NO MOBILE PHONE USE WILL BE PERMITTED DURING CLASS.

Engagement and Attendance Policies: Students are expected to attend class regularly and to arrive to class *promptly*. You are responsible for all announcements made and/or material covered during class

meetings. It is the student's responsibility to stay abreast of any scheduling changes or adjustments to the syllabus that are announced in class. **I will take attendance during each class period.**

There is no "magic number" of excused absences permitted. Note that according to SLU policy, there are no EXCUSED ABSENCES, for illness, travel, or otherwise. If you must miss class for an exceptional circumstance, please notify me as soon as possible to manage the situation on a case by case basis.

Your Class Participation grade is based on far more than attendance. If you attend class regularly but do not participate in class discussion, you can expect a Participation grade no higher than 80%. If you attend regularly and participate often, but have to miss class due to illness or another exceptional circumstance, this should not negatively affect your Participation grade. (See Assignments and Evaluation Criteria).

Communication Norms: Communication is an important part of the learning process. In order to make sure that our communication is both productive and efficient, please adhere to the following norms when you are communicating with me and with your peers:

1. **Announcements:** Campus and course announcements will often be handled through email. Announcements will also be made via the course Canvas page. ***Check your @slu.edu email and Canvas DAILY to be sure that you don't miss anything.***
2. **Email:** You may contact me via email at laurie.mazzuca@slu.edu. I will respond to email **between the hours of 9:00 and 5:00 pm., Monday through Friday**. In general, emails are answered within 48 hours. I do not regularly check my SLU email in the evening or on weekends. While I may occasionally respond during these hours, you should not expect a response to emails during this time.
3. **Email format:** Please include the following subject line in all emails:
"Subject: PSY 3310 –(Brief statement about nature of email)"
4. **Email content:** Be advised that email is NOT a confidential means of communication. Thus, please refrain from including personal and/or sensitive information in your email. If you need to communicate this information to me, it is best to schedule an appointment (in-person or virtual). I highly recommend that you read and follow the email guidelines found here: [A College Student's Guide to Writing Professional Emails](#).
5. **Office Hours:** If your question cannot be properly answered via email, please make an appointment to discuss the issue with me. Both face-to-face and Zoom office hours are available.
6. **Respectful Communication:** It is vital to maintain a class environment that is respectful and free of discrimination and/or recrimination from peers. Please make every effort to be respectful of others' opinions. (Also see "Netiquette".)
 - a. Regarding course content, be aware that we will be discussing topics related to many areas of psychology, and some of these topics may trigger emotional or psychological distress in some students. These difficult issues can be raised in any class meeting or discussion, without prior warning. Furthermore, remember that any group discussion is NOT a protected, confidential environment, and the professor cannot guarantee that other students/peers will maintain your confidential information should you choose to share it. Keep this in mind during all interactions with your instructor and your peers.

Netiquette: As in any learning environment, certain behavioral codes are expected when you communicate with both your peers and your instructors. These codes are referred to as netiquette. For further information, refer to the PDF document, Netiquette Guide for Online Courses, posted on Canvas.

Assessment of Student Learning: To maintain quality academic offerings and to conform to accreditation requirements, SLU-Madrid regularly assesses its teaching, services and programs for evidence of student learning. For this purpose, SLU-Madrid keeps representative examples of student work from all courses and programs on file, including assignments, papers, exams, portfolios and results from student surveys, focus groups and reflective exercises. Copies of your work for this course may be kept on file for institutional research, assessment and accreditation purposes. If you prefer SLU-Madrid not to retain your work for this purpose, you must communicate this decision in writing to your professor.

GRADING RATIONALE, ASSIGNMENTS AND EVALUATION CRITERIA

Grading Rationale/System: Your final grade is calculated as follows:

QUIZ 1	(MODULE 1)	-	5%	(DUE 27 JAN)
QUIZ 2	(MODULES 2 AND 3)	-	15%	(DUE 12 FEB)
QUIZ 3	(MODULES 4 AND 5)	-	15%	(DUE 12 MARCH)
QUIZ 4	(MODULES 6 AND 7)	-	10%	(DUE 26 MARCH)
QUIZ 5	(MODULE 8)	-	10%	(DUE 12 APRIL)
QUIZ 6	(MODULE 9)	-	10%	(DUE 23 APRIL)
EMPIRICAL ARTICLE ASSIGNMENT		-	10%	(31 MARCH)
FINAL EXAM		-	15%	(9 MAY)
ENGAGEMENT AND PARTICIPATION		-	10%	

SAINT LOUIS UNIVERSITY GRADE POLICY

A	94-100	4.0	SOBRESALIENTE
A-	90-93	3.7	SOBRESALIENTE BAJO
B+	87-89	3.3	NOTABLE ALTO
B	84-86	3.0	NOTABLE
B-	80-83	2.7	NOTABLE BAJO
C+	77-79	2.3	APROBADO ALTO
C	74-76	2.0	APROBADO
C-	70-73	1.7	APROBADO BAJO
D	60-69	1.0	APROBADO BAJÍSIMO
F	<60	0.0	SUSPENSO

Assignments and Evaluation Criteria:

Quizzes (50% of grade):

There will be 6 quizzes that will be administered and graded online via CANVAS. The quizzes may include material from any of the resources provided for each module. Quizzes are available for a minimum of 72 hours, but may be available for more time based on based upon actual or current circumstances. Deadlines are on the syllabus. PAY CLOSE ATTENTION TO QUIZ DEADLINES as listed on the notification you receive when a quiz is opened, and also on the CANVAS homepage. Important information related to Canvas quizzes:

OPEN BOOK POLICY: Students may use the text and class materials when taking the quiz, but may NOT take the quiz along with another student or share answers for the quizzes with classmates. You may NOT use the internet or any resources/materials that were not provided as part of the course content.

NOTIFICATION: As quizzes are posted on CANVAS, you will be notified that they are available via your SLU email when the quiz is “online”.

TIME-LIMITED: Time limit will be based on the length and extent of the material.

AVAILABILITY: Pay close attention to due dates/close dates; after this date, **the quiz will no longer be accessible via Canvas**. If you fail to complete the quiz within the time-frame allotted, you will receive a score of 0.

ATTEMPTS: You will have only one attempt to complete the quiz on Canvas, and it must be completed in one sitting (ie., you may not save it and go back to it later).

- I STRONGLY RECOMMEND that you take the quiz from a secure internet connection, such as from the University Computer Lab. If you lose connectivity during the quiz, your incomplete quiz will be submitted and scored.
- If something goes wrong with a wireless connection while you are taking a quiz, you may take a screen shot and notify me. Under some circumstances, I can reset the quiz for you as long as there are MORE THAN 24 HOURS LEFT in the testing period. Students who wait until the last minute to take a quiz and then experience a tech problem will not be granted an extension or makeup quiz.

IF YOU MISS A QUIZ: There are no make-up quizzes. Given that the testing period covers several days, there are few valid reasons why you should miss a quiz deadline. Prolonged illness or true medical emergencies that prevent you from taking a quiz during the entire testing period should be communicated to me as soon as possible in order to find the most equitable solution.

Empirical Article Review (10% of final grade)

You will choose a topic related to personality theory from a list provided by the instructor on Canvas. You must choose a topic and confirm the topic with me by the deadline. (1 point reduction in overall assignment grade if you do not submit a topic by the deadline.) You will find and review **one** empirical study (e.g., article that publishes the data of an original research study) about the topic and will complete an assignment on the article reviewed. Detailed instructions regarding eligible articles, guidelines, and a worksheet for the assignment will be available on Canvas. This assignment will be turned VIA EMAIL.

- **DUE DATE:** ARTICLE TOPIC APPROVED- 10 MARCH at midnight (Madrid time)
- **DUE DATE:** ASSIGNMENT DUE-31 MARCH at midnight (Madrid time)

Final Exam (15% of final grade):

The final exam is scheduled for **TUESDAY, 9 MAY, 12:00 TO 15:00 (12 pm to 3 pm)**. The exam is essay format and will assess your ability to examine personality descriptions and identify personality concepts reviewed during the semester.

****Final exam times are determined by the Registrar and cannot be changed.*** Travel of any kind is NOT a valid excuse for missing a midterm or final exam, or for changing an exam date. Students who believe they have an extenuating circumstance (e.g., health emergency) that warrants a change in the date/time of the final exam must speak directly with the Academic Dean. Students who do not show up for a final exam without such extenuating circumstances will receive a grade of 0, or “F”.

*****Students who have been approved for academic accommodations by the Center for Accessibility and Disability Resources must follow the procedures outlined in SLU Policy regarding the scheduling of exams.***

Engagement and Class Participation (10%)

Your E/CP grade will be based on your active involvement of assigned activities. Each module will contain both individual and group activities (e.g., a personality test, a questionnaire, a reflection paper, and interactive game, etc.) that are designed to complement the other resources and encourage active participation in class, as well as enhance your ability to apply concepts discussed in the readings in a real-world context.

Academic Honesty: Academic integrity is honest, truthful and responsible conduct in all academic endeavors. The mission of Saint Louis University is “the pursuit of truth for the greater glory of God and for the service of humanity.” Accordingly, all acts of falsehood demean and compromise the corporate endeavors of teaching, research, health care, and community service through which SLU fulfills its mission. The University strives to prepare students for lives of personal and professional integrity, and therefore regards all breaches of academic integrity as matters of serious concern.

The full University-level Academic Integrity Policy can be found on the Provost's Office website. Additionally, SLU-Madrid has posted its academic integrity policy online. As a member of the University community, you are expected to know and abide by these policies, which detail definitions of violations, processes for reporting violations, sanctions and appeals.

Your instructor will review these matters during the first weeks of the term. Please direct questions about any facet of academic integrity to the instructor, the chair of the department of your academic program or the Academic Dean of the Madrid Campus.

Diversity and Inclusion: Saint Louis University is committed to fostering a positive, inclusive and welcoming learning and working environment. SLU-Madrid's policies prohibit discrimination based on race, color, national origin, ancestry, religion, sex, gender, gender identity, gender expression, sexual orientation, pregnancy, age, disability, physical appearance, financial or socio-economic status, immigration status, parental or marital status, veteran status or any other protected classification of identity. Discrimination includes any form of unequal treatment such as denial of opportunities, harassment, and violence. Sex-based violence includes rape, sexual assault, unwanted touching, stalking, dating/interpersonal violence, and sexual exploitation.

If you experience or witness any kind of discrimination, you are encouraged (but not required) to report the incident to the SLU-Madrid's Department of Student Life (studentlife-madrid@slu.edu; +34 915 54 58 58, ext. 213) or, if you wish to speak to a confidential resource, the Wellness Center (wellness-madrid@slu.edu +34 915 54 58 58, ext. 230), both located on the ground floor of Padre Rubio Hall or (wellness-madrid@slu.edu +34 915 54 58 58, ext. 230). You can also report the incident to the University's Hotline (900-99-0011; then enter 877-525-5669 when asked for the hotline number).

Please know that instructors have a responsibility to inform SLU-Madrid when made aware of incidents of discrimination, harassment sexual misconduct, and/or related retaliation, to ensure that individuals impacted receive information about options for reporting and support resources. If you wish to speak with a confidential resource, the following are available on campus and off campus:

- Counselors at SLU-Madrid's Wellness Center, located on the ground floor of Padre Rubio Hall (wellness-madrid@slu.edu; 915 54 58 58, ext. 230).
- Counselors at Sinews Multilingual Therapy Institute, SLU-Madrid's off-campus counseling and mental health services provider (www.sinews.es; 917 00 19 79).
- SLU-Madrid's Campus Chaplain, Fr. James O'Leary, S.J. (james.oleary@slu.edu; 915 54 58 58, ext. 279).

Additional information and resources are posted on our Safety and Security and Community Standards webpages.

Accessibility, Disability and Learning Resources: In recognition that people learn in a variety of ways and that learning is influenced by multiple factors (e.g., prior experience, study skills, learning disability), resources to support student success are available on campus. Students who think they might benefit from these resources can find out more about:

- Course-level support (e.g., faculty member, departmental resources, etc.) by asking or emailing your course instructor.
- University-level support (e.g., tutoring/writing services, Accessibility and Disability Resources) by contacting the Academic Dean's Office (advising-madrid@slu.edu) or by reviewing the Academic Resources website online.

Students with a documented disability who wish to request academic accommodations must contact Disability Services to discuss accommodation requests and eligibility requirements. Once successfully registered, the student also must notify the course instructor that they wish to access accommodations in the course. Please contact disabilityservices-madrid@slu.edu or +34 915 54 58 58, extension 242 or 249. Confidentiality will be observed in all inquiries. Once approved, information about the student's eligibility for academic accommodations will be shared with course instructors via email from Disability Services. Note: Students who do not have a documented disability but who think they may have one are encouraged to contact Disability Services.

For more information about academic accommodations, see SLU-Madrid's Center for Accessibility and Disability Resources webpage.

Needs Security Statement: Students in personal or academic distress and/or who may be specifically experiencing challenges such as securing food or difficulty navigating campus resources, and who believe this may affect their performance in the course, are encouraged to contact Student Life (studentlife-madrid@slu.edu or +34 915 54 58 58, ext. 213) for support. Furthermore, please notify the instructor if you are comfortable in doing so, as this will enable them to assist you with finding the resources you may need.

Use of Posted Course Content: SLU-Madrid prohibits recording and transmission of classroom lectures and discussions by students unless written permission from the class instructor has been obtained and all

students in the class as well as guest speakers have been informed that audio/video recording may occur. Recordings, course materials, and lecture notes may not be exchanged or distributed for commercial purposes, for compensation, or for any other purpose other than study by students enrolled in the class. Public distribution of such materials may constitute copyright infringement in violation of Spanish law. Violation of this policy may subject a student to disciplinary action in accordance with SLU-Madrid policies on Student Rights and Responsibilities and Community Standards.

GDPR Norms Concerning Class Recordings: In accordance with General Data Protection Regulation (GDPR), we inform you that if you are a participant in an on-line classroom, your image and voice may be recorded by Saint Louis University in Spain, S.A., CIF A28654879, in 28003 Madrid (Spain), Avenida del Valle 34, for the sole purpose of the instruction of the said class that you are registered in. This information will be stored for the duration of the on-line class and erased thereafter by the professor of the course. Should you not want your image or voice to be a part of this class recording, please contact your professor to indicate that you will be turning your camera and microphone off and be participating via chat.

In addition, we would like to inform you that all recordings will be available to you in Canvas and are exclusively for the use of the participants of the said class and should not be published on any other platform without the prior consent of all participants that may appear in the recording.

According to the rights conferred by the current GDPR regulation, you may exercise your rights of access, rectification, limitation of treatment, deletion, portability and opposition to the processing of your personal data, as well as the consent given for the treatment of it by directing your requests to the address indicated above or by sending an email to dpo-madrid@slu.edu.

Academic Calendar: The official academic calendar of SLU Madrid can be found online by accessing the following link: <https://www.slu.edu/madrid/services-and-departments/registrar/academic-final-exams-calendar.php>

SPRING 2023 Course Schedule:

(*Dates listed for classroom activities may be adjusted based on class needs/student learning)

MODULE 1: Introduction to Personality Theory

Goals:

1. To define personality
2. To introduce you to personality theory
3. To understand how we use the scientific method to study personality
4. To understand the main assessment methods of personality

Task List:

1. Read chapter 1 in textbook: What is Personality Psychology?
2. Class lecture/Activity (12 Jan)
3. Read chapter 2 in textbook: Methods in the Study of Personality
4. Class lecture/Activity (17 Jan)
5. Read chapter 3 in textbook: Issues in Personality Assessment
6. Class lecture/Activity (19 Jan)

QUIZ 1 (MODULE 1) DUE DATE: FRIDAY, 27 JANUARY at midnight (Madrid time, GMT+1)
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MODULE 2: THE DISPOSITIONAL PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the dispositional perspective
2. To understand the role of traits and needs in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 4 in textbook: The Trait Perspective
2. Class lecture/Activity (24 Jan)
3. Read chapter 5 in textbook: The Motive Perspective
4. Class lecture/Activity (26 Jan)

MODULE 3: THE BIOLOGICAL PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the biological perspective
2. To understand the role of genetics, evolutionary pressure, and biological factors in the development of personality

3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 6 in textbook: Genetics, Evolution, and Personality
2. Class lecture/Activity (31 Jan/2 Feb)
3. Read chapter 7 in textbook: Biological Processes and Personality
4. Class lecture/Activity (2 Feb/7 Feb)

QUIZ 2 (MODULES 2 & 3) DUE DATE: SUNDAY, 12 FEBRUARY at midnight (Madrid time, GMT+1)

MODULE 4: THE PSYCHOANALYTIC PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the psychoanalytic perspective
2. To understand the role of the unconscious and Freud's concept of psychosexual development in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 8 in textbook: The Psychoanalytic Perspective
2. Class lecture/Activity (9/14/16)

MODULE 5: THE PSYCHOSOCIAL PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the psychosocial perspective
2. To understand the role of the Ego, attachment, and early relationships in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 9 in textbook: Psychosocial Theories
2. Class lecture/Activity (21 Feb/28 Feb/2 March/7 March)

QUIZ 3 (MODULES 4 & 5) DUE DATE: SUNDAY, 12 MARCH at midnight (Madrid time, GMT+1)

MODULE 6: THE LEARNING PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the learning perspective
2. To understand the role of conditioning, modeling, and social learning in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 10 in textbook: The Learning Perspective
 2. Class lecture/Activity (9/14 March)
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MODULE 7: THE COGNITIVE PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the cognitive perspective
2. To understand the role of information processing in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 12 in textbook: The Cognitive Perspective
2. Class lecture/Activity (16/21 March)

QUIZ 4 (MODULES 6 & 7) DUE DATE: SUNDAY, 26 MARCH at midnight (Madrid time, GMT+1)

MODULE 8: THE PHENOMENOLOGICAL PERSPECTIVE

Goals:

1. To understand the fundamental assumptions of the phenomenological perspective
2. To understand the role of the humanism, self-actualization, self-determination, and existentialism in the development of personality
3. To differentiate between theories in this perspective
4. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 11 in textbook: Self-Actualization and Self-Determination

2. Class lecture/Activity (23/28/30 March)

QUIZ 5 (MODULE 8) DUE DATE: WEDNESDAY, 12 APRIL at midnight (Madrid time, GMT+1)

MODULE 9: PERSONALITY DISORDERS

Goals:

1. To understand the nature of personality disorders as a clinical disorder
2. To differentiate between normal and abnormal personality
3. To understand the factors that may lead to maladaptive and/or harmful personality development
4. To understand the nature of Antisocial Personality Disorder and Borderline Personality Disorder
5. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read DSM-V criteria for Personality Disorders (Link on Canvas)
2. Class lecture/Activity (11/13/18 April)

QUIZ 6 (MODULE 9) DUE DATE: SUNDAY, 23 APRIL at midnight (Madrid time, GMT+1)

MODULE 10: OVERLAP AND INTEGRATION

Goals:

1. To understand how the theories discussed compare and contrast with each other
2. To be able to integrate theories when applicable
3. To apply theoretical frameworks to understand real-world situations

Task List:

1. Read chapter 14 in textbook: Personality in Perspective-Overlap and Integration
2. Class lecture/Activity (25/28April)

FINAL EXAM: MAY 9TH, 12:00-15:00 (Madrid time, GMT+1)